



SIR C R REDDY COLLEGE FOR WOMEN

(Affiliated to ADIKAVI NANNAYA UNIVERSITY, Rajamahendravaram)

Accredited by NAAC with B + Grade

An ISO - 9001:2015, 14001:2015, 50001:2018 Certified Institution

Included under section 2(f) & 12B of UGC

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Awareness Program on 10th August, 2026 Organized by Women Empowerment Cell & IQAC

Women Empowerment Cell in association with IQAC organized An Awareness Program on “**Empowering Young Women through Premarital Counselling**” on 10th August 2026, Time: 11.30 A.M to 12.30 P.M. at Seminar hall. Chief Guest Smt.K. Nagasuzi. Psychosocial Counsellor, One Stop Centre, Eluru another Speaker Smt. Eluru Tulasi, District Nodal Officer, District Mission Shakthi Coordinator, Qualified Ms Social, MBA. III B.Sc students attended the program. Smt.A.Anu, Lecturer , Department of Mathematics invited the Chief Guest.

Chief Guest Smt. K. Nagasuzi, Psychosocial Counsellor delivered her speech with the objective of creating awareness about the importance of informed decision-making, emotional preparedness, healthy relationships, and responsibilities associated with marriage.

The programme focused on helping young women understand that premarital counselling is an important step towards building healthy and stable relationships. The session highlighted the need for open communication, mutual respect, emotional maturity, financial awareness, and understanding between partners before entering into marriage.

Another Speaker Smt. Eluru Tulasi, District Nodal Officer, District Mission Shakthi Coordinator explained various aspects of premarital counselling, including **self-awareness, compatibility, communication skills, conflict resolution, expectations in marriage, personal boundaries, family responsibilities, financial planning, and emotional well-being.** Students were encouraged to understand their rights, responsibilities, and the importance of making informed decisions regarding their personal and family life.

The programme provided an opportunity for students to clarify their doubts and understand the role of counselling in preparing individuals for a responsible and harmonious married life. The session also reinforced the importance of education, independence, mutual respect, and effective communication in strengthening relationships. for women in society.



Chief Guest Smt.K.Nagasuzi delivering her
Speech to our students



Principal Smt.G.Sarala felicitating the
Chief Guest